

#### **Research Article**

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## Impacts of Probiotic feeding on Behaviors and Welfare related parameters of Heat Stressed Broilers

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## Abstract

This study was performed to investigate the efficacy of probiotic (PROBAC plus) to counteract the adverse effects of heat stress (32-35oc) on the behaviors and welfare related parameters of broiler chickens. One-hundred and twenty chicks were divided into 4 groups. The first group was control (basal diet), second group was broilers reared at high temperature (basal diet), third group was broilers reared at high temperature and fed probiotic (basal diet + Probiotic) and fourth group was probiotic group (basal diet + probiotic). Behavioral patterns of broilers were recorded at week 4, 5 and 6. At d 42 of age, 10 birds from each group were slaughtered to collect blood samples. Blood films were stained for measuring heterophils / lymphocytes (H / L) ratio. Serum cortisol was also measured. The overall mean frequency of feeding behavior is significantly (P = 0.045) reduced for birds reared at high temperature (32-35oC) compared with other experimental groups. The overall mean frequency of drinking behavior was significantly (P = 0.053) increased due to higher temperature. Walking behavior was significantly (P = 0.051) decreased for birds reared at higher temperature. Running activity did not significantly (P > 0.05) affected by higher temperature. However, probiotic addition to birds reared under control or high temperature significantly elevated the running activity of broilers (P = 0.050). The mean frequency of shaking is significantly (P = 0.054) lower for heat stressed birds with or without probiotic feeding than control. Moreover, the overall mean frequency of behavioral patterns such as crouching, huddling, standing, stretching, and preening did not show any significant differences between experimental groups (P > 0.05). Heat-stressed birds showed a significant (P  $\leq$  0.05) elevation of serum cortisol and higher (P  $\leq$  0.05) H / L ratio compared with control birds. In conclusion, probiotic feeding for birds reared at high temperature resulted in a reduced H / L ratio and a decreased serum cortisol concentration suggesting that probiotic can be a useful tool to counteract the adverse effects of high temperature rearing.

Keywords: Behavior, Welfare, Broilers, Stress, Probiotic.

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## **INTRODUCTION**

The poultry industry has become an important economic activity all over the world. In Africa, production of chicken meat was increased in the last years (Sakhatskiy, 2015). In large-scale farms, birds are exposed to stressful conditions leading to serious economic losses. Heat stress is one of the most important environmental stressors challenging poultry production. Nowadays, the adverse impacts of heat stress on poultry health received much attention. Heat stressed birds spent less time for feeding, more time for drinking and panting, stretching their wings, less time for moving or walking, and more time for resting (Mack et al., 2013). Moreover, heat stress increases the cortisol level (Ebrahimzadeh et al., 2012) and elevated the heterophil to lymphocyte ratio (He et al., 2018). The alteration of gut microbiota of birds due to heat stress, was reported (Sugiharto et al., 2017). These alterations of behavior, welfare parameters and health may produce great economic losses in broiler production. Consequently, researchers are working continuously to provide a solution or a useful tool to counteract the negative impacts of heat stress.

Organic poultry farming is going to expand worldwide. In this kind of rearing, probiotics can be used as a growth promoting factor (Sugiharto et al., 2017). The use of these feed additives the performance and productivity through modulation of the gut microbiota which plays a critical role in maintaining host health (Yano et al., 2015). A balanced gut microbiota constitutes an efficient barrier against pathogen colonization, stimulates the immune system of birds (Wang et al., 2018).

Probiotic is defined as "a live microbial feed supplement which beneficially affects the host animal by improving its intestinal microbial balance" (Fuller., 1989). The potential health benefits associated with using probiotic include improved digestion, stimulation of gastro-intestinal tract immunity and increased natural resistance to enteric disease (Lee et al., 2015). It was reported that probiotics have a positive impact on the poultry performance (Mountzouris et al., 2007; Song et al., 2014; and Abdelqader, Al-Fataftah 2014), improve microbial balance and synthesize vitamins (Fuller., 1989), release bacteriocins (Rolfe, 2000), improve feed consumption in broilers (Ahmed et al., 2019) and altering bacterial metabolism (Jin et al., 1997).

However, limited reports are available about the efficacy of probiotic feeding to counteract the adverse impacts of high temperature on the behaviors and welfare of broilers during their rearing. Therefore, the current study was conducted to investigate the effect of probiotic feed additive on the behaviors and welfare of broiler chickens reared at high temperature.

## MATERIALS AND METHODS

## **Birds and housing**

One hundred twenty (120), 1 d old commercial broiler chicks (Ross 308) were obtained from a commercial hatchery. Birds were randomly divided into 4 groups (30 birds / group). All groups were housed in pens with wood shavings floor.

## Diets

Birds of all groups were fed a commercial diet (Alaaf ALmagd, Alarabia Lell-Alaaf, Quesna, El Monofya, Egypt). Chicks were fed starter diet from 1- 14 d, grower diet from 15- 28 d and finisher diet 29- 42 d of age. The birds were fed mash diet ad libitum and given free access to fresh and clean water throughout the experimental period. Diet composition was set according to National Research Council (1994). The basal diet composed of yellow corn,

soybean meal, corn gluten, soy oil, dicalcium phosphate, limestone, common salt, sodium bicarbonate, vitamins, minerals, choline chloride, DL-Methionine and L-lysine. The chemical composition of the basal diet according to the manufacture is summarized (table 1).

Table 1. Diet chemical composition.

	Starter Grower		Finisher	
Crude protein (%)	23	21	19	
Crude fat (%)	5.92	6.62	6.86	
ME (kcal/kg)	3020	3100	3200	
Crude fiber (%)	3.76	3.46	3.20	

Probiotic groups were fed with commercial mixture probiotic (PROBAC plus<sup>®</sup>. Animal Health Care company, Reg. No.: M.O.A.:9948, Cairo, Egypt) (1g / kg diet) from 1 d old to 42 d of age. Each gram composed of 20 million of Lactobacillus Acidophilus, Plantarum, Bervis and Bifidobacteria also contains 100 mg of Saccharomyces Cerevisiae. It contains digestive enzymes such as amylase, betaglucanase, hemicillulase and cellulase.

#### **Experimental design**

The present experiment had two main variations; 1) housing temperature and 2) probiotic addition (Ahmed et al. 2019). One-hundred twenty chicks were randomly classified into four groups. The first group had a house temperature of 22oC and fed basal diet. Second group was broilers reared at high temperature (32-35 oC) and fed basal diet. Third group was broilers reared at high temperature (32-35 oC) and fed with basal diet supplemented with probiotic. Fourth group was housed at 22 oC and was fed basal diet supplemented with a probiotic.

## **Behavioral observations**

Behavioral observations were recorded at 22 day old and extended up to 40 day old. The behaviors of the chicks were recorded by direct observation using a modified focal sampling technique after modification the method of Martin and Bateson (1993). For all behavioral patterns, five birds from each group were marked with blue dye. The behaviors were observed during the grower and finishing period of rearing; at day 22 and day 26 of week 4, at day 29 and day 33 of week 5 and at day 36 and day 40 of week 6. During the days of observations, the behavioral patterns were recorded three times daily as follow; at early morning (7:00-7:30 am), at afternoon (1:00-1:30 pm) and at evening (8:00-8:30 pm). The behavioral patterns were classified as described previously (Lehner, 1992).

## Feeding and drinking behavior

Frequency of pecking at feed on feed trough (number of bouts (n) / bird / 30 min) and number of drinking bouts / bird / 30 min were measured.

## **Resting behavior**

Frequency of crouching behavior: lying or sitting with breast on the floor, looking around with or without closed eyes (n / bird / 30 min).

Frequency of huddling behavior: huddling means that three or more birds overlapped on each other in a crouching position.

## Movement activities

Frequency of standing (n / bird / 30 min), walking frequency (n / bird / 30 min) and rapid running frequency (n / bird / 30 min) were recorded.

## **Comfort behavior**

Frequency of stretching of legs or wings, shaking, and preening (n / bird / 30 min) were recorded.

#### **Slaughtering and blood collection**

At 42 day old, 3 ml of blood were collected from each bird in heparinized tubes (5 birds / group) during slaughtering. Blood film was performed directly (two replicates from each bird for differential leucocyte counts. Moreover, another 3 ml of blood were collected in tubes without anticoagulant from the same birds for serum separation.

# Heterophils (H), Lymphocytes (L), and H / L ratio

Blood films were air dried then fixed with 97% methanol and stained with Giemsa stain (1:9) for 15 min (Robertson and Maxwell, 1990). Number of heterophils (H) and lymphocytes (L) were counted using light microscope based on 100 cells. The H / L ratio was calculated by dividing the number of heterophils to the number of lymphocytes (Gross and Siegel, 1983). Lymphocytes (figure 1) were regular round cells with a central or slightly eccentric nuclei, and with a varying amount of pale blue cytoplasm by modified Wright-Giemsa stain (Clark et al., 2009). Heterophils (figure 2) were characterized by brick red, elongated intracytoplasmic granules and bilobed nuclei by modified Wright-Giemsa stain (Clark et al., 2009).



Figure 1. Black arrow refers to Lymphocytes



Figure 2. Black arrow refers to Heterophils

#### Measurement of cortisol hormone

Serum cortisol level was determined by automatic immunoassay analyzer (chemiluminescence in ARCHITECT 1000SR®, Abbott, USA) through using stat fax-2100 (Awareness technology, INC, USA).

## Statistical analysis

Data of the overall mean frequency of each behavioral pattern observed along the observation period (5 birds for 3 hours on week 3, 4 and 5 of age), cortisol hormone, Heterophils count, Lymphocytes count, and H/L ratio were statistically analyzed using statistical program SPSS version 23. One-way analysis of variance (ANOVA) was used followed by Duncan test to find the significance between experimental groups. A level of probability (P) of  $\leq 0.05$  was considered significant.

#### RESULTS

#### **Behavioral patterns**

The overall mean frequency for each behavioral pattern of the observed birds from each experimental group is presented in table 2. The results of this pilot study on the behaviors of broilers reared at high temperature can give us an indication about the disturbances in the behaviors of birds. The overall mean frequency of feeding is significantly (P = 0.045, table 2) reduced for birds reared at high temperature (32-35oC) compared with other experimental groups. Opposite to this, the overall mean frequency of drinking bouts was significantly (P =0.053, table 2) increased due to higher temperature. However, addition of probiotic to diet of birds reared under high temperature could not counteract the adverse impacts of heat stress (P > 0.05, table 2). Probiotic addition to diet of broilers reared at temperature of 22 oC did not adversely impact feeding and drinking behaviors (P > 0.05, table 2).

Walking frequency was significantly decreased (P = 0.051, table 2) for birds reared at higher temperature. Addition of probiotic to the diet of high temperature reared broilers did not remove the effect of heat stress on walking behavior (P > 0.05, table 2). Nevertheless, probiotic addition alone did not adversely affect the walking activity of broilers (P > 0.05, table 2) compared with control birds.

Running as another movement behavioral activity, did not significantly (P > 0.05, table 2) affected by higher temperature. However, probiotic addition to birds reared under control or high temperature significantly (P = 0.050, table 2) elevated the running activity of broilers.

In contrast, the mean frequency of shaking is significantly lower (P = 0.054, table 2) for heat stressed birds with or without probiotic feeding than control. Moreover, the overall mean frequency of behavioral patterns such as crouching, huddling, standing, stretching, and preening did not show any significant differences between experimental groups (P > 0.05, table 2).

#### **Stress parameters**

Rearing broilers at high temperature broilers led to a higher ( $P \le 0.050$ ) H/L ratio (0.70±0.09, table 3) compared with control birds (0.20±0.03). However, addition of

probiotic to diet of heat stressed birds resulted in a lower (P  $\leq$  0.050) H/L ratio (0.32±0.06) compared with heat stressed birds (0.70±0.09).

Table 2. The overall mean frequency of behaviors of broiler chickens during grower and finishing periods of rearing

Behavior	Control	Heat stress	Heat stress <sup>1</sup>	Probiotic <sup>2</sup>	Р
	group	group	plus	group	value
			probiotic		
Feeding	$18.94 \pm 2.28^{a}$	11.22 <sup>b</sup> ± 1.77	14.11 <sup>b</sup> ± 1.78	14.50 <sup>b</sup> ± 1.68	0.045
Drinking	12.94 <sup>b</sup> ± 1.85	$16.05^{a} \pm 1.67$	17.00 <sup>a</sup> ± 1.59	14.33 <sup>a</sup> ± 1.61	0.053
Crouching	21.22 ± 2.07	22.22 ± 2.88	18.94 ± 2.20	21.05 ± 1.98	0.773
Huddling	9.22 ± 1.64	8.22 ± 0.81	7.00 ± 0.95	$8.55\pm0.82$	0.556
Standing	17.44 ± 2.41	24.22 ± 2.61	20.77 ± 2.82	19.22 ± 2.03	0.269
Walking	19.22ª±2.97	15.05 <sup>b</sup> ± 2.76	11.72 <sup>b</sup> ± 1.68	18.44 <sup>a</sup> ± 2.85	0.051
Running	0.55 <sup>b</sup> ±0.25	0.66 <sup>b</sup> ± 0.32	1.22°±0.59	$2.05^{a} \pm 0.60$	0.050
Stretching	8.27 ± 1.41	9.00 ± 1.59	10.83 ± 2.76	12.11 ± 2.19	0.548
Shaking	5.27 <sup>a</sup> ± 3.39	2.05 <sup>b±</sup> 0.60	0.94 <sup>b</sup> ± 0.34	2.55 <sup>a±</sup> 0.63	0.054
Preening	28.11 ± 3.58	26.61 ± 3.78	30.22 ± 3.87	29.77 ± 2.87	0.894

<sup>a,b,c,d</sup> Values within the same row with different letters are significantly different ( $P \le 0.05$ ). <sup>1</sup>Heat stress (32-35° C) from fourth to sixth week of age. <sup>2</sup>Probiotic (PROPAC plus<sup>®</sup> 1 g / kg feed) from d 1 to d 42 of age.

Moreover, rearing at higher temperature produced a significant elevation ( $P \le 0.050$ ) for cortisol level ( $1.37\pm0.06 \ \mu g/dl$ ) compared with control birds ( $0.88\pm0.09 \ \mu g/dl$ ). However, addition of probiotic to diet of heat stressed broilers significantly decreased ( $P \le 0.050$ ) the cortisol concentration ( $1.06\pm0.05 \ \mu g/dl$ ) compared with heat stressed broilers alone ( $1.37\pm0.06 \ \mu g/dl$ ).

Table 3. Stress parameters of broilers fed with or without probiotic and reared either with or without stress.

Parameters	Control group (n=5)	Heat stress <sup>1</sup> group (n=5)	Heat stress Plus, probiotic (n=5)	Probiotic <sup>2</sup> group (n=5)	P Value
Heterophils number	18.00±2.84°	40.60±3.28 <sup>a</sup>	32.80±4.28 <sup>b</sup>	18.00±2.12°	0.001
Lymphocytes number	82.00±2.84 <sup>a</sup>	59.40±3.37 <sup>d</sup>	67.20±4.28 <sup>b</sup>	82.00±2.12 <sup>a</sup>	0.001
H / L Ratio	0.20±0.03°	0.70±0.09 <sup>a</sup>	0.32±0.06 <sup>b</sup>	0.22±0.03°	0.001
Cortisol (µg/dl)	0.88±0.09°	1.37±0.06ª	1.06±0.05 <sup>b</sup>	$0.66{\pm}0.05^{d}$	0.001

a,b,c,d Values within the same row with different letters are significantly different ( $P \le 0.05$ ).

 $^1Heat$  stress (32-35° C) from fourth to sixth week of age.  $^2Probiotic (PROPAC plus^{\circledast} 1 g / kg feed)$  from d 1 to d 42 of age.

#### DISCUSSION

The impacts of high temperature on the health and productivity of broilers were widely studied. However, its effects on behaviors and welfare indices of broilers are still to be investigated. Additionally, the possibility of probiotic feeding to overcome these adverse effects need to be evaluated. Therefore, this study was conducted to study the efficiency of probiotic for counteracting the adverse effects of rearing broilers at high temperature on the behaviors and welfare parameters of broilers.

In our previous paper, rearing of broiler at high temperature led to lowered performance (Ahmed et al., 2019). This deteriorated performance of stressed birds due to high temperature may be due to the adverse effects on behaviors and welfare of broilers. The current study highlighted these adverse impacts of higher temperature on behavior and welfare of broilers. In the present study, high temperature reduced the feeding behavior. The reduction of feeding behavior may be due to reduced appetite for diminishing metabolic heat production (Syafwan et al., 2012). The same result was shown previously due to high temperature rearing (Wang et al., 2018). Not only feeding behavior was affected but also, walking was decreased in the present experiment to reduce or adapt heat stimulation (Mack et al., 2013; Wang et al., 2018). Drinking behavior was significantly higher for birds reared under higher temperature in our current study. This is online with previous studies (May and Lott, 1992; Mahmoud, 2010; Mack et al., 2013). The results of this experiment provide a valuable information on the impacts of higher temperature on welfare parameters. Heat stress resulted in important physiological stress responses in terms of higher H / L ratio and higher cortisol concentration. The reason behind that is the alteration of immunity of birds due to activation of the hypothalamic-pituitaryadrenal (HPA) axis which in turn leads to secretion of cortisol from pituitary gland. Similar results were previously recorded (Ebrahimzadeh et al., 2012; Norain et al., 2013; He et al., 2018). These alterations in the behavioral patterns of broilers reared at high temperature adversely affected the performance and health of birds (Ahmed et al., 2019).

Probiotic is widely used as a natural feed additive to improve the performance and immunity of birds. The improved performance of birds in our previous publication (Ahmed et al., 2019) can be explained by an improvement effect of probiotic on behaviors of broilers specially the feeding behavior. In the current study, probiotic feeding enhanced significantly the feeding behavior of heat stressed broilers. Similarly, Mohammed et al. (2018) found that symbiotic is beneficial to overcome the adverse effects of heat stress in broilers. Additionally, Wang et al. (2018) found an increase of foraging and feeding behaviors of heat stressed birds supplemented with probiotic. They attributed the improvement of the feeding behavior to the improved appetite of probiotic-supplemented birds. Others found that probiotic supplementation overcame the negative impacts of heat stress on movement activities and comfort-related behaviors as stressed birds fed with probiotic increased their movement activities and increased the frequency of preening and stretching of leg and / or wing (Fayed, R. H., and M.A.Tony, 2008; El Iraqi and Fayed, 2012).

The higher running activity of probiotic group in the current experiment may be due to an improvement of musculoskeletal system with probiotic supplementation. Other researchers reported also the same effects (Narasimha et al., 2013; Yan, 2016; Wang et al., 2018).

Interestingly, the results of the current experiment provide also another important information concerning probiotic supplementation as anti-stress. In the present study, higher temperature rearing resulted in a higher circulating cortisol and higher H/L ratio. However, probiotic feeding stressed broilers to heat counteracted these adverse impacts on these welfare parameters. Probiotic feeding to heat stressed broiler or even for control rearing led to low cortisol and lower H/L ratio as the main indicators of stress. Probiotic supplementation to the diet of heat stressed birds removed the adverse effect on welfare parameters. It is obvious in the current study that, probiotic feeding decreased the cortisol level of heat stressed birds. Probiotic bacteria may indirectly stimulate the afferent neurons through a cytokine neurohumoral route, causing a reduction in the levels of circulating corticosterone and Adrenocorticotropic hormone (ACTH) (Gareau et al., 2007). Additionally, probiotic feeding improved the gut health and microbiome and led to a healthy and balanced microbial community and normalize the adrenal gland activity (Lei et al. 2013). Also, Haldar et al. (2011) reported that dietary supplementation of

yeast, yeast protein concentrate, and yeast protein concentrate-pellets reduced serum cortisol concentration both at 21 and 35 d of age when fed to heat stressed birds. Moreover, in the present experiment probiotic reduced significantly the H / L ratio. Similar reduction of H/L ratio was also recorded previously due to probiotic feeding (Beski and Al-Sardary, 2014; Wang et al., 2018).

Taken together, it can be concluded that rearing of broilers at the environmental temperature of 32-35 oC led to alterations in behaviors, higher H / L ratio and an increased level of cortisol suggesting an impairment of welfare of broiler chickens. In addition, probiotic feeding counteracted these adverse impacts of higher temperature rearing of broilers resulting in an improvement of their health, welfare and productivity.

#### **CONFLICT OF INTEREST**

The authors declare that they do not have any conflict of interest.

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